

Wednesday, November 1, 2023

Tracks walking club (Mission Creek)

Date and Time: Wednesday, November 1 09:00 am - 10:00 am

Address: Mission Creek Regional Park

This beginner walking program meets once a week and starts with short walks, slowly increasing distance each week. Your walking leader offers support and motivation to keep you moving in nature.

Registration required. Follow website link below to register online.

Thursday, November 2, 2023

Regional Board

Date and Time: Thursday, November 2 08:30 am

Address: RDCO office, 1450 KLO Road, Kelowna - Woodhaven Boardroom

The **Regional Board** meets in a regular session twice a month, on the first Thursday of the month (starting at 8:30 a.m.) and the third Thursday of the month (starting at 6 p.m.) unless otherwise noted.

Meeting agendas and minutes are available. Limited public seating in the boardroom. Live stream and recorded video are available for Regional Board meetings.

Roll and stroll

Date and Time: Thursday, November 2 09:30 am - 11:00 am

Address: Mission Creek Regional Park

Link up with other caregivers and their little ones for weekly walks. Each week we'll explore a section of stroller-friendly trail. After the walk, we'll gather indoors for social time and refreshments.

Registration required. Follow website link below to register online.

Saturday, November 4, 2023

Let's talk trees

Date and Time: Saturday, November 4 10:00 am - 11:30 am

Address: Glen Canyon Regional Park

Discover various tree species and their interconnections to one another. These easy to moderate hikes focus on concepts from Peter Wohlleben, author of the bestselling book *The Hidden Life of Trees*.

Registration required. Follow website link below to register online.

Sunday, November 5, 2023

Urban wildlife

Date and Time: Sunday, November 5 10:30 am - 12:00 pm

Address: Glen Canyon Regional Park

In little more than a century, more than half of the world's population has moved into cities near water and fertile land. Resulting habitat loss has negatively impacted some species, while others have adapted and even thrive in these urban natural landscapes.

Registration required. Follow website link below to register online.

Monday, November 6, 2023

Tracks walking club (Mission Creek)

Date and Time: Monday, November 6 09:00 am - 10:00 am

Address: Mission Creek Regional Park

This beginner walking program meets once a week and starts with short walks, slowly increasing distance each week. Your walking leader offers support and motivation to keep you moving in nature.

Registration required. Follow website link below to register online.

Coffee social

Date and Time: Monday, November 6 10:00 am - 11:30 am

Address: Ellison Heritage Community Centre

Join your neighbours to meet new friends and old acquaintances during our coffee social. Light refreshments will be provided.

Drop-in. Registration not required.

Tuesday, November 7, 2023

Story time in the park

Date and Time: Tuesday, November 7 10:30 am - 11:15 am

Address: Mission Creek Regional Park

Meet outside of the EECO for stories, songs, crafts, and outdoor exploration with your three to five year-olds. Each week has a different nature theme. We will move indoors when the weather turns cold.

Drop in. Registration not required.

Tracks walking club (Gellatly Nut Farm)

Date and Time: Tuesday, November 7 01:00 pm - 2:00 pm

Address: Gellatly Nut Farm Regional Park

This beginner walking program meets once a week and starts with short walks, slowly increasing distance each week. Your walking leader offers support and motivation to keep you moving in nature.

Registration required. Follow website link below to register online.

Nature-inspired cards

Date and Time: Tuesday, November 7 04:00 pm - 6:00 pm

Address: Mission Creek Regional Park (EECO)

Enjoy time in the park and practice your hand at watercolour, pastel or pencil crayon techniques. Create a card for yourself or a loved one. Art supplies provided.

Registration required. Follow website link below to register online.

Wednesday, November 8, 2023

Tracks walking club (Mission Creek)

Date and Time: Wednesday, November 8 09:00 am - 10:00 am

Address: Mission Creek Regional Park

This beginner walking program meets once a week and starts with short walks, slowly increasing distance each week. Your walking leader offers support and motivation to keep you moving in nature.

Registration required. Follow website link below to register online.

Discover your parks - fall series

Date and Time: Wednesday, November 8 10:00 am - 12:00 pm

Address: Mill Creek Regional Park

The Central Okanagan is home to a diversity of wildlife and ecosystems. Join a park interpreter on this series of guided hikes that will take you through various trails, revealing the rich history, unique species, and special features that make each park truly remarkable. Registration required. Follow website link below to register online.

Thursday, November 9, 2023

Roll and stroll

Date and Time: Thursday, November 9 09:30 am - 11:00 am

Address: Mission Creek Regional Park

Link up with other caregivers and their little ones for weekly walks. Each week we'll explore a section of stroller-friendly trail. After the walk, we'll gather indoors for social time and refreshments.

Registration required. Follow website link below to register online.

Westside Wastewater Services Committee

Date and Time: Thursday, November 9 10:00 am

The Westside Wastewater Service Committee meets twice a year, on the second Thursday of May and November (starting at 10:00 a.m.). Upcoming meeting agendas and reports will be posted a minimum of 72 hours prior to the meeting. Limited public seating is available in the boardroom. Live stream and recorded video are available for Westside Wastewater Service Committee meetings.

Friday, November 10, 2023

Discover your parks - fall series

Date and Time: Friday, November 10 10:00 am - 12:00 pm

Address: K.L.O. Creek Regional Park

The Central Okanagan is home to a diversity of wildlife and ecosystems. Join a park interpreter on this series of guided hikes that will take you through various trails, revealing the rich history, unique species, and special features that make each park truly remarkable. Registration required. Follow website link below to register online.

Monday, November 13, 2023

Holiday Office Closure

Date and Time: Monday, November 13 12:00 am - 11:55 pm

The Regional District of Central Okanagan will be closed Monday, November 13 to observe Remembrance Day. We look forward to serving you when we reopen at 8:00 a.m. on Tuesday, November, 14.

- During this time, any emergencies involving Regional District water systems or parks should be reported by calling 250-868-5299.
- Online payments may be made online at rdco.com/payments.
- Regular curbside garbage, recycling and yard waste collection will take place on November 13.
- The Westside Residential Waste Disposal and Recycling Centre, Traders Cove transfer station and North Westside transfer stations will be open normal hours over the weekend.
- The [Robert Hobson Environmental Education Centre for the Okanagan](#) (EECO) in Mission Creek Regional Park will also be closed on Monday, November 13.

Tracks walking club (Mission Creek)

Date and Time: Monday, November 13 09:00 am - 10:00 am

Address: Mission Creek Regional Park

This beginner walking program meets once a week and starts with short walks, slowly increasing distance each week. Your walking leader offers support and motivation to keep you moving in nature.

Registration required. Follow website link below to register online.

Tuesday, November 14, 2023

Story time in the park

Date and Time: Tuesday, November 14 10:30 am - 11:15 am

Address: Mission Creek Regional Park

Meet outside of the EECO for stories, songs, crafts, and outdoor exploration with your three to five year-olds. Each week has a different nature theme. We will move indoors when the weather turns cold.

Drop in. Registration not required.

Tracks walking club (Gellatly Nut Farm)

Date and Time: Tuesday, November 14 01:00 pm - 2:00 pm

Address: Gellatly Nut Farm Regional Park

This beginner walking program meets once a week and starts with short walks, slowly increasing distance each week. Your walking leader offers support and motivation to keep you moving in nature.

Registration required. Follow website link below to register online.

Wednesday, November 15, 2023

Tracks walking club (Mission Creek)

Date and Time: Wednesday, November 15 09:00 am - 10:00 am

Address: Mission Creek Regional Park

This beginner walking program meets once a week and starts with short walks, slowly increasing distance each week. Your walking leader offers support and motivation to keep you moving in nature.

Registration required. Follow website link below to register online.

Thursday, November 16, 2023

Roll and stroll

Date and Time: Thursday, November 16 09:30 am - 11:00 am

Address: Mission Creek Regional Park

Link up with other caregivers and their little ones for weekly walks. Each week we'll explore a section of stroller-friendly trail. After the walk, we'll gather indoors for social time and refreshments.

Registration required. Follow website link below to register online.

Regional Board

Date and Time: Thursday, November 16 06:00 pm

Address: RDCO office, 1450 KLO Road, Kelowna - Woodhaven Boardroom

The **Regional Board** meets in a regular session twice a month, on the first Thursday of the month (starting at 8:30 a.m.) and the third Thursday of the month (starting at 6 p.m.) unless otherwise noted.

Meeting agendas and minutes are available. Limited public seating in the boardroom. Live stream and recorded video are available for Regional Board meetings.

Saturday, November 18, 2023

Discover your parks - fall series

Date and Time: Saturday, November 18 10:00 am - 12:00 pm

Address: Goats Peak Regional Park

The Central Okanagan is home to a diversity of wildlife and ecosystems. Join a park interpreter on this series of guided hikes that will take you through various trails, revealing the rich history, unique species, and special features that make each park truly remarkable. Registration required. Follow website link below to register online.

Sunday, November 19, 2023

Urban wildlife

Date and Time: Sunday, November 19 10:30 am - 12:00 pm

Address: Mission Creek Regional Park

In little more than a century, more than half of the world's population has moved into cities near water and fertile land. Resulting habitat loss has negatively impacted some species, while others have adapted and even thrive in these urban natural landscapes.

Registration required. Follow website link below to register online.

Monday, November 20, 2023

Tracks walking club (Mission Creek)

Date and Time: Monday, November 20 09:00 am - 10:00 am

Address: Mission Creek Regional Park

This beginner walking program meets once a week and starts with short walks, slowly increasing distance each week. Your walking leader offers support and motivation to keep you moving in nature.

Registration required. Follow website link below to register online.

Yoga for seniors

Date and Time: Monday, November 20 10:30 am - 11:30 am

Address: Ellison Heritage Community Centre

Participate in gentle yoga that is practiced sitting in a chair or standing using a chair for support. Perfect for those with mobility or balance issues or anyone new to yoga. Drop-in. Registration not required.

Tuesday, November 21, 2023

Story time in the park

Date and Time: Tuesday, November 21 10:30 am - 11:15 am

Address: Mission Creek Regional Park

Meet outside of the EECO for stories, songs, crafts, and outdoor exploration with your three to five year-olds. Each week has a different nature theme. We will move indoors when the weather turns cold.

Drop in. Registration not required.

Tracks walking club (Gellatly Nut Farm)

Date and Time: Tuesday, November 21 01:00 pm - 2:00 pm

Address: Gellatly Nut Farm Regional Park

This beginner walking program meets once a week and starts with short walks, slowly increasing distance each week. Your walking leader offers support and motivation to keep you moving in nature.

Registration required. Follow website link below to register online.

Nature-inspired cards

Date and Time: Tuesday, November 21 04:00 pm - 6:00 pm

Address: Mission Creek Regional Park (EECO)

Enjoy time in the park and practice your hand at watercolour, pastel or pencil crayon techniques. Create a card for yourself or a loved one. Art supplies provided.

Registration required. Follow website link below to register online.

Wednesday, November 22, 2023

Tracks walking club (Mission Creek)

Date and Time: Wednesday, November 22 09:00 am - 10:00 am

Address: Mission Creek Regional Park

This beginner walking program meets once a week and starts with short walks, slowly increasing distance each week. Your walking leader offers support and motivation to keep you moving in nature.

Registration required. Follow website link below to register online.

Thursday, November 23, 2023

Roll and stroll

Date and Time: Thursday, November 23 09:30 am - 11:00 am

Address: Mission Creek Regional Park

Link up with other caregivers and their little ones for weekly walks. Each week we'll explore a section of stroller-friendly trail. After the walk, we'll gather indoors for social time and refreshments.

Registration required. Follow website link below to register online.

Electoral Area Service Committee

Date and Time: Thursday, November 23 01:30 pm

Address: RDCO office, 1450 KLO Road, Kelowna - Woodhaven Boardroom

The Electoral Area Services Committee meets monthly, on Thursdays (starting at 1:30 p.m.) unless otherwise noted. Upcoming meeting agendas and reports will be posted a minimum of 72 hours prior to the meeting. Limited public seating in the boardroom. Live stream and recorded video are available for Electoral Area Services Committee meetings.

Sunday, November 26, 2023

Wreath-making stroll

Date and Time: Sunday, November 26 01:00 pm - 2:30 pm

Address: Mission Creek Regional Park

Join us for a short walk led by a park interpreter who will help to identify local plants and trees. After, we'll make evergreen wreaths together. Greenery and supplies included in \$20 fee.

Please bring hand pruners and gardening gloves.

Registration required. Follow website link below to register online.

Monday, November 27, 2023

Yoga for seniors

Date and Time: Monday, November 27 10:30 am - 11:30 am

Address: Ellison Heritage Community Centre

Participate in gentle yoga that is practiced sitting in a chair or standing using a chair for support. Perfect for those with mobility or balance issues or anyone new to yoga. Drop-in. Registration not required.

Tuesday, November 28, 2023

Wreath-making stroll

Date and Time: Tuesday, November 28 10:00 am - 11:30 am

Address: Kaloya Regional Park

Join us for a short walk led by a park interpreter who will help to identify local plants and trees. After, we'll make evergreen wreaths together. Greenery and supplies included in \$20 fee. Please bring hand pruners and gardening gloves.

Registration required. Follow website link below to register online.

Story time in the park

Date and Time: Tuesday, November 28 10:30 am - 11:15 am

Address: Mission Creek Regional Park

Meet outside of the EECO for stories, songs, crafts, and outdoor exploration with your three to five year-olds. Each week has a different nature theme. We will move indoors when the weather turns cold.

Drop in. Registration not required.

Thursday, November 30, 2023

Regional Board

Date and Time: Thursday, November 30 08:30 am

Address: RDCO office, 1450 KLO Road, Kelowna - Woodhaven Boardroom

The **Regional Board** meets in a regular session twice a month, on the first Thursday of the month (starting at 8:30 a.m.) and the third Thursday of the month (starting at 6 p.m.) unless otherwise noted.

Meeting agendas and minutes are available. Limited public seating in the boardroom. Live stream and recorded video are available for Regional Board meetings.

Roll and stroll

Date and Time: Thursday, November 30 09:30 am - 11:00 am

Address: Mission Creek Regional Park

Link up with other caregivers and their little ones for weekly walks. Each week we'll explore a section of stroller-friendly trail. After the walk, we'll gather indoors for social time and refreshments.

Registration required. Follow website link below to register online.

<https://calendar.rdco.com>