

Sunday, September 1, 2024

Let's examine salmon

Date and Time: Sunday, September 1 11:00 am - 3:00 pm

Address: Hardy Falls Regional Park

Join us to explore the remarkable lifecycle of kokanee salmon. Every year, thousands journey from Okanagan Lake to the spawning grounds upstream. Take a closer look at these extraordinary fish and uncover the unique aspects that make them so special.

This drop-in program is open to all ages.

Monday, September 2, 2024

Holiday office closure

Date and Time: Monday, September 2 8:00 am - 4:00 pm

Our KLO office will be closed Monday to observe the statutory holiday. We look forward to serving you when we reopen at 8 a.m. on Tuesday.

- Emergencies involving Regional District water systems or Regional Parks can be reported by calling 250-868-5299.
- Online payments can be made at rdco.com/payments.
- Curbside garbage, recycling and yard waste collection is not impacted.
- The North Westside transfer station, Traders Cove transfer station and Westside Residential Waste Disposal and Recycling Centre will be open regular hours over the weekend.
- The Robert Hobson Environmental Education Centre for the Okanagan(EECO) in Mission Creek Regional Park is regularly closed on Mondays.

Tuesday, September 3, 2024

Story time

Date and Time: Tuesday, September 3 10:30 am - 11:15 am

Address: Mission Creek Regional Park (RHEECO)

Nature tales: Embark on a weekly adventure with stories, crafts, songs and activities themed around nature for 3 - 5 year olds.

Drop-in program. Registration not required.

Wednesday, September 4, 2024

Discover your parks

Date and Time: Wednesday, September 4 10:00 am - 12:00 pm

Address: Scenic Canyon Regional Park

Embrace autumn with new ways to explore nature! Join a park interpreter for a guided hike, uncovering the hidden secrets of regional parks. Enjoy the trails!

Registration required.

Thursday, September 5, 2024

Discover your parks

Date and Time: Thursday, September 5 10:00 am - 12:00 pm

Address: Hardy Falls Regional Park

Embrace autumn with new ways to explore nature! Join a park interpreter for a guided hike, uncovering the hidden secrets of regional parks. Enjoy the trails!

Registration required.

Saturday, September 7, 2024

Tire collection event

Date and Time: Saturday, September 7 9:00 am - 1:00 pm

Address: 1000 KLO Road, Kelowna, BC

Back by popular demand, the Regional District of Central Okanagan is hosting the annual free tire collection event. Residents across the region are invited to drop off any old or unused tires on or off rims that may create a habitat for mosquitoes as they collect standing water. The event is free of charge and there is no limit on the number of tires individuals can drop off.

The event will take place on Saturday, September 7, 2024, from 9:00 a.m. to 1:00 p.m. at Okanagan College at 1000 KLO Road, Kelowna in parking lot #17.

This is the seventh year that the regional district and its mosquito program contractor Duka Environmental Services Ltd are teaming up with [Tire Stewardship BC](#) for this free event.

Tire Stewardship BC is a not-for-profit society that manages BC's tire recycling program. Eco fees paid by consumers purchasing tires are used to pay for transporting and recycling scrap tires in environmentally responsible ways rather than h

aving them take up space in landfills. For information on programs offered by Tire Stewardship BC visit www.tsbc.ca.

Let's examine salmon

Date and Time: Saturday, September 7 11:00 am - 3:00 pm

Address: Hardy Falls Regional Park

Join us to explore the remarkable lifecycle of kokanee salmon. Every year, thousands journey from Okanagan Lake to their spawning grounds upstream. Take a closer look at these extraordinary fish and uncover the unique aspects that make them so special.

This drop-in program is open to all ages.

Sunday, September 8, 2024

Let's examine salmon

Date and Time: Sunday, September 8 11:00 am - 3:00 pm

Address: Hardy Falls Regional Park

Join us to explore the remarkable lifecycle of kokanee salmon. Every year, thousands journey from Okanagan Lake to their spawning grounds upstream. Take a closer look at these extraordinary fish and uncover the unique aspects that make them so special.

This drop-in program is open to all ages.

Bears of the Okanagan

Date and Time: Sunday, September 8 3:00 pm - 4:00 pm

Address: Mission Creek Regional Park

Learn about the bears that live in the Okanagan Valley as we explore their seasonal movements.

Registration required.

Monday, September 9, 2024

Tracks

Date and Time: Monday, September 9 9:00 am - 10:00 am

Address: Mission Creek Regional Park

Your Tracks walking leader provides support and motivation to keep you moving in nature. This beginner walking program starts with short walks and gradually increases each week.

No program October 14.

Registration required.

Tuesday, September 10, 2024

Story time

Date and Time: Tuesday, September 10 10:30 am - 11:15 am

Address: Mission Creek Regional Park (RHEECO)

Nature tales: Embark on a weekly adventure with stories, crafts, songs and activities themed around nature for 3 - 5 year olds.

Drop-in program. Registration not required.

Tracks

Date and Time: Tuesday, September 10 1:00 pm - 2:00 pm

Address: Gellatly Nut Farm Regional Park

Your Tracks walking leader provides support and motivation to keep you moving in nature. This beginner walking program starts with short walks and gradually increases each week.

Registration required.

Gentle yoga

Date and Time: Tuesday, September 10 6:00 pm - 7:00 pm

Address: Ellison Heritage Community Centre

Join us for a gentle yoga class suitable for all abilities. Experience a soothing Yoga Nidra session with Paula Morrison, featuring easy stretching and mindful movement to help you unwind at the end of your day.

\$45 per session.

Registration required.

Bears of the Okanagan

Date and Time: Tuesday, September 10 7:00 pm - 8:00 pm

Address: Hardy Falls Regional Park

Learn about the bears that live in the Okanagan Valley as we explore their seasonal movements.

Registration required.

Wednesday, September 11, 2024

Tracks

Date and Time: Wednesday, September 11 9:00 am - 10:00 am

Address: Mission Creek Regional Park

Your Tracks walking leader provides support and motivation to keep you moving in nature. This beginner walking program starts with short walks and gradually increases each week.

No program October 14.

Registration required.

Discover your parks

Date and Time: Wednesday, September 11 10:00 am - 12:00 pm

Address: Scenic Canyon Regional Park

Embrace autumn with new ways to explore nature! Join a park interpreter for a guided hike, uncovering the hidden secrets of regional parks. Enjoy the trails!

Registration required.

Stretch and connect

Date and Time: Wednesday, September 11 10:00 am - 12:00 pm

Address: Ellison Heritage Community Centre

This rejuvenating Chair Yoga session is designed to enhance flexibility, relaxation and overall well-being, making it ideal for all fitness and mobility levels. Supported by a chair, participants will engage in gentle stretches and mindful breathing. Following the yoga practice, enjoy a delightful coffee social and connect with fellow participants.

Registration required.

Nature's canvas: mindful journalling

Date and Time: Wednesday, September 11 1:00 pm - 2:30 pm

Address: Scenic Canyon Regional Park

Take time to unwind and connect with nature. Park interpreters will guide you through calming, creative activities to promote mindfulness.

Registration required.

Dance fitness (SHiNE)

Date and Time: Wednesday, September 11 6:00 pm - 7:00 pm

Address: Ellison Heritage Community Centre

Revitalize your autumn with dance and music in this high-energy, joyful fitness class that will leave you glowing with positivity! Join Jessica Baynton of SHiNE Fitness for one or both sessions at \$45 per session. Drop-ins are welcome for \$10 per class (cash only).

Registration required.

Thursday, September 12, 2024

Geology of the Okanagan

Date and Time: Thursday, September 12 9:00 am - 11:00 am

Address: Scenic Canyon Regional Park

Explore the fascinating world of geology at Scenic Canyon Regional Park. Discover unique geological formations and learn about the extraordinary events that shaped the Okanagan Valley as it exists today.

Registration required.

Discover your parks

Date and Time: Thursday, September 12 10:00 am - 12:00 pm

Address: Hardy Falls Regional Park

Embrace autumn with new ways to explore nature! Join a park interpreter for a guided hike, uncovering the hidden secrets of regional parks. Enjoy the trails!

Registration required.

Saturday, September 14, 2024

kikinee Festival

Date and Time: Saturday, September 14 10:00 am - 3:00 pm

Address: Mission Creek Regional Park, 2363 Springfield Road, Kelowna, BC

Celebrate the spawning Kokanee salmon!

Join us for a day of free, fun activities including guided walks along the spawning channel with Parks Interpreters and arts and craft stations.

kikinee Festival

Sat. September 14
10:00 am - 3:00 pm

Mission Creek Regional Park

A free family-friendly event



Event Schedule:

- 10:00 a.m. syilx Welcome with Elder Grouse Barnes
- 10: 15 a.m. North Okanagan Pipes and Drums
- 11:00 Evan the Juggler
- 12:00 Dance Party with Kiki The Eco Elf
- 1:30 The Scotty Show' live music with Scott McFayden

Park Interpreter guided walks to check out the spawning channel will take place every 30 minutes starting at 10:30 a.m.

Please note:

- Parking will be limited, car pool, walk or bike to the event to avoid disappointment and reduce congestion
- Vehicles should enter and exit the park at the Leckie Road entrance
- Wheelchair accessible parking stalls will be available at the Durnin Road entrance
- Watch for traffic controllers on site to help with parking, and notifying when the parking lot is full

Entertainment and exhibitors:

- Evan the Juggler (<https://www.evantagejuggler.com/>)
- Kiki the EECO Elf and the Giant Salmon Tent (<https://www.kikitheecoelf.com/>)
- North Okanagan Pipes and Drums (<https://pipesndrums.ca/>)
- Regional Park Interpreters – guided walks
- The Scotty Show – live family fun music by local musician Scott McFayden
- Trixie the Clown and Mr. Brown Nose with Facepainting and Balloon Animals (<https://www.sillyofthevalley.com/>)

Community Partners:

- Central Okanagan Land Trust
- Central Okanagan Naturalist Club
- Central Okanagan Search and Rescue (COSAR)
- CRIS Adaptive Adventures
- Friends of Mission Creek Regional Park
- Friends of Black Mountain Regional Park
- Kelowna Kasugai Sister City Association
- Okanagan Nation Alliance
- Okanagan Observatory
- Okanagan Science Center

- UBCO Let's Talk Science
- Wildrose Native Traditions
- Wildsafe BC

Additional Attractions:

- RDCO arts and crafts tent
- Juggling and circus toys
- Giant puppets

Drop in. No registration required.

Peachland Recycling Depot Pop-Up

Date and Time: Saturday, September 14 10:00 am - 2:00 pm

Peachland Community Centre, 4450 6th Street, Peachland

For one day only, free of charge you can drop off your:

- Glass bottles and jars
- Styrofoam packaging (white or coloured)
- Plastic bags and overwrap
- Other flexible plastic packaging
- Electronics

*Household residential recycling only.

Let's examine salmon

Date and Time: Saturday, September 14 11:00 am - 3:00 pm

Address: Hardy Falls Regional Park

Join us to explore the remarkable lifecycle of kokanee salmon. Every year, thousands journey from Okanagan Lake to the ir spawning grounds upstream. Take a closer look at these extraordinary fish and uncover the unique aspects that make th em so special.

This drop-in program is open to all ages.

Sunday, September 15, 2024

Let's examine salmon

Date and Time: Sunday, September 15 11:00 am - 3:00 pm

Address: Hardy Falls Regional Park

Join us to explore the remarkable lifecycle of kokanee salmon. Every year, thousands journey from Okanagan Lake to the ir spawning grounds upstream. Take a closer look at these extraordinary fish and uncover the unique aspects that make th

em so special.

This drop-in program is open to all ages.

Let's examine salmon

Date and Time: Sunday, September 15 11:00 am - 3:00 pm

Address: Mission Creek Regional Park

Join us to explore the remarkable lifecycle of kokanee salmon. Every year, thousands journey from Okanagan Lake to their spawning grounds upstream. Take a closer look at these extraordinary fish and uncover the unique aspects that make them so special.

This drop-in program is open to all ages.

Monday, September 16, 2024

Tracks

Date and Time: Monday, September 16 9:00 am - 10:00 am

Address: Mission Creek Regional Park

Your Tracks walking leader provides support and motivation to keep you moving in nature. This beginner walking program starts with short walks and gradually increases each week.

No program October 14.

Registration required.

Tuesday, September 17, 2024

Story time

Date and Time: Tuesday, September 17 10:30 am - 11:15 am

Address: Mission Creek Regional Park (RHEECO)

Nature tales: Embark on a weekly adventure with stories, crafts, songs and activities themed around nature for 3 - 5 year olds.

Drop-in program. Registration not required.

Tracks

Date and Time: Tuesday, September 17 1:00 pm - 2:00 pm

Address: Gellatly Nut Farm Regional Park

Your Tracks walking leader provides support and motivation to keep you moving in nature. This beginner walking program starts with short walks and gradually increases each week.

Registration required.

Gentle yoga

Date and Time: Tuesday, September 17 6:00 pm - 7:00 pm

Address: Ellison Heritage Community Centre

Join us for a gentle yoga class suitable for all abilities. Experience a soothing Yoga Nidra session with Paula Morrison, featuring easy stretching and mindful movement to help you unwind at the end of your day.

\$45 per session.

Registration required.

Wonders of the night sky

Date and Time: Tuesday, September 17 6:30 pm - 8:30 pm

Address: Johns Family Nature Conservancy Regional Park

Experience the beauty of the night sky on a guided interpretive hike at Canada's newest Nocturnal Preserve. Marvel at the wonders of the night sky.

Registration required.

Wednesday, September 18, 2024

Tracks

Date and Time: Wednesday, September 18 9:00 am - 10:00 am

Address: Mission Creek Regional Park

Your Tracks walking leader provides support and motivation to keep you moving in nature. This beginner walking program starts with short walks and gradually increases each week.

No program October 14.

Registration required.

Dance fitness (SHiNE)

Date and Time: Wednesday, September 18 6:00 pm - 7:00 pm

Address: Ellison Heritage Community Centre

Revitalize your autumn with dance and music in this high-energy, joyful fitness class that will leave you glowing with positivity! Join Jessica Baynton of SHiNE Fitness for one or both sessions at \$45 per session. Drop-ins are welcome for \$10 per class (cash only).

Registration required.

Friday, September 20, 2024

Geology of the Okanagan

Date and Time: Friday, September 20 9:00 am - 11:00 am

Address: Scenic Canyon Regional Park

Explore the fascinating world of geology at Scenic Canyon Regional Park. Discover unique geological formations and learn about the extraordinary events that shaped the Okanagan Valley as it exists today.

Registration required.

Saturday, September 21, 2024

After the blaze

Date and Time: Saturday, September 21 9:30 am - 11:30 am

Address: Johns Family Nature Conservancy Regional Park

Embark on an exciting hike to uncover the dramatic effects of forest fires and witness the remarkable recovery of nature firsthand.

Registration required.

Discover your parks

Date and Time: Saturday, September 21 10:00 am - 12:00 pm

Address: Glen Canyon Regional Park

Embrace autumn with new ways to explore nature! Join a park interpreter for a guided hike, uncovering the hidden secrets of regional parks. Enjoy the trails!

Registration required.

Let's examine salmon

Date and Time: Saturday, September 21 11:00 am - 3:00 pm

Address: Hardy Falls Regional Park

Join us to explore the remarkable lifecycle of kokanee salmon. Every year, thousands journey from Okanagan Lake to the spawning grounds upstream. Take a closer look at these extraordinary fish and uncover the unique aspects that make them so special.

This drop-in program is open to all ages.

Let's examine salmon

Date and Time: Saturday, September 21 11:00 am - 3:00 pm

Address: Mission Creek Regional Park

Join us to explore the remarkable lifecycle of kokanee salmon. Every year, thousands journey from Okanagan Lake to the spawning grounds upstream. Take a closer look at these extraordinary fish and uncover the unique aspects that make them so special.

This drop-in program is open to all ages.

Sunday, September 22, 2024

Let's examine salmon

Date and Time: Sunday, September 22 11:00 am - 3:00 pm

Address: Mission Creek Regional Park

Join us to explore the remarkable lifecycle of kokanee salmon. Every year, thousands journey from Okanagan Lake to the spawning grounds upstream. Take a closer look at these extraordinary fish and uncover the unique aspects that make them so special.

This drop-in program is open to all ages.

Let's examine salmon

Date and Time: Sunday, September 22 11:00 am - 3:00 pm

Address: Hardy Falls Regional Park

Join us to explore the remarkable lifecycle of kokanee salmon. Every year, thousands journey from Okanagan Lake to the spawning grounds upstream. Take a closer look at these extraordinary fish and uncover the unique aspects that make them so special.

This drop-in program is open to all ages.

Monday, September 23, 2024

Tracks

Date and Time: Monday, September 23 9:00 am - 10:00 am

Address: Mission Creek Regional Park

Your Tracks walking leader provides support and motivation to keep you moving in nature. This beginner walking program starts with short walks and gradually increases each week.

No program October 14.

Registration required.

Tuesday, September 24, 2024

Story time

Date and Time: Tuesday, September 24 10:30 am - 11:15 am

Address: Mission Creek Regional Park (RHEECO)

Nature tales: Embark on a weekly adventure with stories, crafts, songs and activities themed around nature for 3 - 5 year olds.

Drop-in program. Registration not required.

Tracks

Date and Time: Tuesday, September 24 1:00 pm - 2:00 pm

Address: Gellatly Nut Farm Regional Park

Your Tracks walking leader provides support and motivation to keep you moving in nature. This beginner walking program starts with short walks and gradually increases each week.

Registration required.

Gentle yoga

Date and Time: Tuesday, September 24 6:00 pm - 7:00 pm

Address: Ellison Heritage Community Centre

Join us for a gentle yoga class suitable for all abilities. Experience a soothing Yoga Nidra session with Paula Morrison, featuring easy stretching and mindful movement to help you unwind at the end of your day.

\$45 per session.

Registration required.

Tracks

Date and Time: Wednesday, September 25 9:00 am - 10:00 am

Address: Mission Creek Regional Park

Your Tracks walking leader provides support and motivation to keep you moving in nature. This beginner walking program starts with short walks and gradually increases each week.

No program October 14.

Registration required.

Discover your parks

Date and Time: Wednesday, September 25 10:00 am - 12:00 pm

Address: Scenic Canyon Regional Park

Embrace autumn with new ways to explore nature! Join a park interpreter for a guided hike, uncovering the hidden secrets of regional parks. Enjoy the trails!

Registration required.

Stretch and connect

Date and Time: Wednesday, September 25 10:00 am - 12:00 pm

Address: Ellison Heritage Community Centre

This rejuvenating Chair Yoga session is designed to enhance flexibility, relaxation and overall well-being, making it ideal for all fitness and mobility levels. Supported by a chair, participants will engage in gentle stretches and mindful breathing. Following the yoga practice, enjoy a delightful coffee social and connect with fellow participants.

Registration required.

Nature's canvas: mindful journalling

Date and Time: Wednesday, September 25 1:00 pm - 2:30 pm

Address: Scenic Canyon Regional Park

Take time to unwind and connect with nature. Park interpreters will guide you through calming, creative activities to promote mindfulness.

Registration required.

Dance fitness (SHiNE)

Date and Time: Wednesday, September 25 6:00 pm - 7:00 pm

Address: Ellison Heritage Community Centre

Revitalize your autumn with dance and music in this high-energy, joyful fitness class that will leave you glowing with positivity! Join Jessica Baynton of SHiNE Fitness for one or both sessions at \$45 per session. Drop-ins are welcome for \$10 per class (cash only).

Registration required.

Thursday, September 26, 2024

Regional Board

Date and Time: Thursday, September 26 8:30 am

Address: Woodhaven boardroom - 1450 KLO Road

The **Regional Board** meets regularly on select Thursdays at 8:30 a.m. Meeting agendas and minutes will be posted a minimum of 72 hours prior to the meeting.

There is limited public seating in the boardroom. Live stream and recorded video are available.

Discover your parks

Date and Time: Thursday, September 26 10:00 am - 12:00 pm

Address: Hardy Falls Regional Park

Embrace autumn with new ways to explore nature! Join a park interpreter for a guided hike, uncovering the hidden secrets of regional parks. Enjoy the trails!

Registration required.

Friday, September 27, 2024

After the blaze

Date and Time: Friday, September 27 9:30 am - 11:30 am

Address: Trepanier Creek Greenway Regional Park

Embark on an exciting hike to uncover the dramatic effects of forest fires and witness the remarkable recovery of nature firsthand.

Registration required.

Saturday, September 28, 2024

Lake Country Recycling Depot Pop-Up

Date and Time: Saturday, September 28 10:00 am - 2:00 pm

Corner of Main Street & Hill Road, Lake Country

For one day only, free of charge you can drop off your:

- Glass bottles and jars
- Styrofoam packaging (white or coloured)
- Plastic bags and overwrap
- Other flexible plastic packaging
- Electronics

*Household residential recycling only.

Let's examine salmon

Date and Time: Saturday, September 28 11:00 am - 3:00 pm

Address: Hardy Falls Regional Park

Join us to explore the remarkable lifecycle of kokanee salmon. Every year, thousands journey from Okanagan Lake to the spawning grounds upstream. Take a closer look at these extraordinary fish and uncover the unique aspects that make them so special.

This drop-in program is open to all ages.

Let's examine salmon

Date and Time: Saturday, September 28 11:00 am - 3:00 pm

Address: Mission Creek Regional Park

Join us to explore the remarkable lifecycle of kokanee salmon. Every year, thousands journey from Okanagan Lake to the spawning grounds upstream. Take a closer look at these extraordinary fish and uncover the unique aspects that make them so special.

This drop-in program is open to all ages.

Sunday, September 29, 2024

Let's examine salmon

Date and Time: Sunday, September 29 11:00 am - 3:00 pm

Address: Mission Creek Regional Park

Join us to explore the remarkable lifecycle of kokanee salmon. Every year, thousands journey from Okanagan Lake to the spawning grounds upstream. Take a closer look at these extraordinary fish and uncover the unique aspects that make them so special.

This drop-in program is open to all ages.

Let's examine salmon

Date and Time: Sunday, September 29 11:00 am - 3:00 pm

Address: Hardy Falls Regional Park

Join us to explore the remarkable lifecycle of kokanee salmon. Every year, thousands journey from Okanagan Lake to the spawning grounds upstream. Take a closer look at these extraordinary fish and uncover the unique aspects that make them so special.

This drop-in program is open to all ages.

Monday, September 30, 2024

Holiday office closure

Date and Time: Monday, September 30 8:00 am - 4:00 pm

Our KLO office will be closed Monday to observe the statutory holiday. We look forward to serving you when we reopen at 8 a.m. on Tuesday.

- Emergencies involving Regional District water systems or Regional Parks can be reported by calling 250-868-5299.
- Online payments can be made at rdco.com/payments.
- Curbside garbage, recycling and yard waste collection is not impacted.
- The [North Westside transfer station](#), [Traders Cove transfer station](#) and [Westside Residential Waste Disposal and Recycling Centre](#) will be open regular hours over the weekend.
- The [Robert Hobson Environmental Education Centre for the Okanagan](#)(EECO) in Mission Creek Regional Park is regularly closed on Mondays.

Tracks

Date and Time: Monday, September 30 9:00 am - 10:00 am

Address: Mission Creek Regional Park

Your Tracks walking leader provides support and motivation to keep you moving in nature. This beginner walking program starts with short walks and gradually increases each week.

No program October 14.

Registration required.