

Saturday, September 2, 2023

Welcome the Kokanee at Hardy Falls

Date and Time: Saturday, September 2 10:30 am - 2:30 pm

Address: Hardy Falls Regional Park

Celebrate the return of spawning salmon! Chat with park interpreters and learn about the kokanee life cycle. Join a guided walk along the creek or stretch your creative muscles and create a take-home treasure, inspired by nature.

Registration not required.

Outdoor Concert: The Slide Rule Trombone Quartet

Date and Time: Saturday, September 2 06:30 pm - 7:30 pm

Address: Ellison Heritage Community Centre

The Slide Rule Trombone Quartet is an exciting new brass chamber group based in the Okanagan. They bring the rich sound of the trombone to familiar tunes and play a wide selection of musical styles. Enjoy classical and pop favourites by Duke Ellington, The Beatles and more. This is a free outdoor concert with lawn seating. Please bring a folding chair or blanket to enjoy the show.

Sunday, September 3, 2023

Let's examine salmon! @Hardy Falls

Date and Time: Sunday, September 3 11:00 am - 3:00 pm

Address: Hardy Falls Regional Park

Drop by to learn about the lifecycle of Kokanee salmon. Thousands leave Okanagan Lake and swim upstream to spawn in their natal waters annually. Get an up-close look at these incredible fish and deepen your understanding of what makes this species so special. All ages welcome. Drop-in.

Monday, September 4, 2023

Holiday office closure

Date and Time: Monday, September 4 12:00 am

Address: 1450 KLO Road, Kelowna

The Regional District of Central Okanagan will be closed Monday, September 4 for Labour Day. Our office will reopen to serve you at 8 a.m. on Tuesday, September 5.

Regular curbside garbage and recycling collection will take place for those who normally receive a Monday pickup. The Westside Residential Waste Disposal and Recycling Centre will be open its normal Monday hours for service. The North Westside Road transfer station will be open its regular hours on the holiday weekend. For more information, please visit www.rdco.com/recycle.

During the holiday, for RDCO water system or Parks emergencies ONLY please call 250-868-5299.

The [Environmental Education Centre for the Okanagan](#) (EECO) in Mission Creek Regional Park will be closed on the holiday Monday.

Thursday, September 7, 2023

Regional Board

Date and Time: Thursday, September 7 08:30 pm

Address: RDCO office, 1450 KLO Road, Kelowna - Woodhaven Boardroom

Saturday, September 9, 2023

Free Tire Collection

Date and Time: Saturday, September 9 09:00 am - 2:00 pm

Address: Okanagan College - 1000 KLO Road, parking lot #17

Retire your old tires

Back by popular demand, the Regional District of Central Okanagan is hosting the annual free tire collection event. Residents across the region are invited to drop off any old or unused tires on or off rims that may be a breeding ground for mosquitoes. The event is free of charge and there is no limit on the number of tires individuals can drop off.

The event will take place on Saturday, September 9, 2023, from 9:00 a.m. to 2:00 p.m. at Okanagan College at 1000 KLO Road in parking lot 17.

This is the sixth year that the regional district and its mosquito program contractor Duka Environmental Services Ltd are teaming up with [Tire Stewardship BC](#) for this free event. Last year, residents dropped off almost 1,700 unwanted tires which helped to curb mosquito breeding habitat.

Tire Stewardship BC is a not-for-profit society that manages BC's tire recycling program. Eco fees paid by

- Central Okanagan Search and Rescue (COSA)
- Centre culturel francophone de l'Okanagan
- Charmaine and Mr. Brown Knows
- Crime Stoppers
- Friends of Mission Creek
- Giant Puppets from the Rotary Centre of the Arts
- Kelowna-Kasugai Sister City Association (KELKSCA)
- Kiki the Ecco Elf and the Giant Salmon Tent
- Nice and Easy Duo (Folk Music)
- Okanagan Nation Alliance
- Okanagan Observatory
- Okanagan Science Center
- RDCO Invasive Plant Species
- RDCO Waste Reduction
- UBCO Let's Talk Science Okanagan
- Wildrose Native Traditions

Let's examine salmon! @Mission Creek

Date and Time: Saturday, September 9 11:00 am - 3:00 pm

Address: Mission Creek Regional Park

Drop by to learn about the lifecycle of Kokanee salmon. Thousands leave Okanagan Lake and swim upstream to spawn in their natal waters annually. Get an up-close look at these incredible fish and deepen your understanding of what makes this species so special. All ages welcome. Drop-in. Registration not required.

Let's examine salmon! @Hardy Falls

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Sunday, September 10, 2023

Let's examine salmon! @Hardy Falls

Date and Time: Sunday, September 10 11:00 am - 3:00 pm

Address: Hardy Falls Regional Park

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Let's examine salmon! @Mission Creek

Date and Time: Sunday, September 10 11:00 am - 3:00 pm

Address: Mission Creek Regional Park

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Tuesday, September 12, 2023

Hawk highways

Date and Time: Tuesday, September 12 09:00 am - 11:30 am

Address: Johns Family Nature Conservancy Regional Park

Early fall is the perfect time to watch hawks on their migration. Most hawks are soaring birds that depend on thermals and updrafts to accomplish their epic journeys. Join us to witness this inspiring phenomenon! Registration required. Follow website link below to register online.

Wednesday, September 13, 2023

Discover your parks - fall series

Date and Time: Wednesday, September 13 10:00 am - 12:00 pm

Address: Mission Creek Regional Park

The Central Okanagan is home to a diversity of wildlife and ecosystems. Join a park interpreter on this series of guided hikes that will take you through various trails, revealing the rich history, unique species, and special features that make each park truly remarkable. Registration required. Follow website link below to register online.

Saturday, September 16, 2023

Pole-walking workshop

Date and Time: Saturday, September 16 09:30 am - 11:30 am

Address: Ellison Heritage Community Centre

Learn how to use walking poles to help enjoy and enhance an active lifestyle with Sheri Simson "The Pole Lady". Demo poles will be provided. \$10 fee.

Registration required. Follow website link below to register online.

Pop Up Recycle Depot - Peachland

Date and Time: Saturday, September 16 10:00 am - 2:00 pm

Drop off, for free, depot only recyclables such as glass, Styrofoam, plastic bags, other flexible plastic, electronics at the Peachland pop up depot.

Peachland Community Centre Parking Lot, 6th Street Peachland

Fall forest yoga

Date and Time: Saturday, September 16 10:00 am - 12:30 pm

Address: Woodhaven Nature Conservancy Regional Park

Enjoy a one-hour gentle yoga class led by a professional yoga instructor. After the class, participants are invited to tour the unique trails of this park on a guided walk with a park interpreter.

By registration. Fee: \$10. In partnership with the Friends of Woodhaven. Follow website link below to register online.

Let's examine salmon! @Hardy Falls

Date and Time: Saturday, September 16 11:00 am - 3:00 pm

Address: Hardy Falls Regional Park

Drop by to learn about the lifecycle of Kokanee salmon. Thousands leave Okanagan Lake and swim upstream to spawn in their natal waters annually. Get an up-close look at these incredible fish and deepen your understanding of what makes this species so special. All ages welcome. Drop-in.

Let's examine salmon! @Mission Creek

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Sunday, September 17, 2023

Let's examine salmon! @Mission Creek

Date and Time: Sunday, September 17 11:00 am - 3:00 pm

Address: Mission Creek Regional Park

Drop by to learn about the lifecycle of Kokanee salmon. Thousands leave Okanagan Lake and swim upstream to spawn in their natal waters annually. Get an up-close look at these incredible fish and deepen your understanding of what makes this species so special. All ages welcome. Drop-in. Registration not required.

Let's examine salmon! @Hardy Falls

Date and Time: Sunday, September 17 11:00 am - 3:00 pm

Address: Hardy Falls Regional Park

Drop by to learn about the lifecycle of Kokanee salmon. Thousands leave Okanagan Lake and swim upstream to spawn in their natal waters annually. Get an up-close look at these incredible fish and deepen your understanding of what makes this species so special. All ages welcome. Drop-in.

Climate change and Western Screech-Owls

Date and Time: Sunday, September 17 07:00 pm - 8:30 pm

Address: Mission Creek Regional Park (EECO)

Join us for an evening with researcher Megan Buers and learn about the small and elusive Western Screech-Owl and the impacts of climate change on its habitat. Learn about her work monitoring this important species in south-central B.C. in the context of a changing climate. Registration required. Follow website link below to register online.

Monday, September 18, 2023

Yoga for seniors

Date and Time: Monday, September 18 10:30 am - 11:30 am

Address: Ellison Heritage Community Centre

Participate in gentle yoga that is practiced sitting in a chair or standing using a chair for support. Perfect for those with mobility or balance issues or anyone new to yoga. Drop-in. Registration not required.

Tuesday, September 19, 2023

Autumn mandalas

Date and Time: Tuesday, September 19 01:00 pm - 3:00 pm

Address: Mission Creek Regional Park (EECO)

With fall equinox come shorter days and an autumn, earth-toned colour palette. In this workshop, create a symbolic representation of autumn with some of the principles used in creating mandalas (geometric and organic forms). Open to all adults.

Registration required. Follow website link below to register online.

Wednesday, September 20, 2023

Sutherland Hills birding

Date and Time: Wednesday, September 20 08:00 am - 10:00 am

Address: Mission Creek Regional Park

This section of Mission Creek Regional Park is jam-packed with pockets of unique ecosystems. Hundreds of birds find their niche here through the year, especially during migration! Join us for a birding opportunity like no other. Registration required. Follow website link below to register online.

Nature-inspired cards

Date and Time: Wednesday, September 20 10:00 am - 11:30 am

Address: Kaloya Regional Park

Enjoy time in the park and practice your hand at watercolour, pastel or pencil crayon techniques. Create a card for yourself or a loved one. Art supplies provided.

Registration required. Follow website link below to register online.

Restorative yoga

Date and Time: Wednesday, September 20 06:00 pm - 7:00 pm

Address: Ellison Heritage Community Centre

End your day with registered yoga instructor Paula Morrison and a yoga nidra class. Fee: \$45 for five sessions. By registration. Follow website link below to register.

Friday, September 22, 2023

Hawk highways

Date and Time: Friday, September 22 09:00 am - 11:00 am

Address: Black Mountain - sntsk'il'nten Regional Park

Early fall is the perfect time to watch hawks on their migration. Most hawks are soaring birds that depend on thermals and updrafts to accomplish their epic journeys. Join us to witness this inspiring phenomenon!

Registration required. Follow website link below to register online.

Saturday, September 23, 2023

Pop Up Recycle Depot - Lake Country

Date and Time: Saturday, September 23 10:00 am - 2:00 pm

Address: 1450 KLO Road

Drop off, free of charge, depot only recyclables such as glass, Styrofoam, plastic bags, flexible plastic packaging and electronics.

Corner of Main Street and Hill Road, Lake Country

10 am - 2 pm

Riparian ReAnimation

Date and Time: Saturday, September 23 10:00 am - 11:30 am

Address: Woodhaven Nature Conservancy Regional Park

Take in a new and unique experience that connects people to each other and to the land through puppets. Enjoy a family friendly 'Riparian ReAnimation' display of giant puppets representing animals commonly found in Kelowna's creekside habitats. Drop-in. Registration not required. Fee: by donation.

Discover your parks - fall series

Date and Time: Saturday, September 23 10:00 am - 12:00 pm

Address: Glen Canyon Regional Park

The Central Okanagan is home to a diversity of wildlife and ecosystems. Join a park interpreter on this series of guided hikes that will take you through various trails, revealing the rich history, unique species, and special features that make each park truly remarkable. Registration required. Follow website link below to register online.

Let's examine salmon! @Hardy Falls

Date and Time: Saturday, September 23 11:00 am - 3:00 pm

Address: Hardy Falls Regional Park

Drop by to learn about the lifecycle of Kokanee salmon. Thousands leave Okanagan Lake and swim upstream to spawn in their natal waters annually. Get an up-close look at these incredible fish and deepen your understanding of what makes this species so special. All ages welcome. Drop-in.

Let's examine salmon! @Mission Creek

Date and Time: Saturday, September 23 11:00 am - 3:00 pm

Address: Mission Creek Regional Park

Drop by to learn about the lifecycle of Kokanee salmon. Thousands leave Okanagan Lake and swim upstream to spawn in their natal waters annually. Get an up-close look at these incredible fish and deepen your understanding of what makes this species so special. All ages welcome. Drop-in. Registration not required.

Sunday, September 24, 2023

Let's examine salmon! @Mission Creek

Date and Time: Sunday, September 24 11:00 am - 3:00 pm

Address: Mission Creek Regional Park

Drop by to learn about the lifecycle of Kokanee salmon. Thousands leave Okanagan Lake and swim upstream to spawn in their natal waters annually. Get an up-close look at these incredible fish and deepen your understanding of what makes this species so special. All ages welcome. Drop-in. Registration not required.

Let's examine salmon! @Hardy Falls

Date and Time: Sunday, September 24 11:00 am - 3:00 pm

Address: Hardy Falls Regional Park

Drop by to learn about the lifecycle of Kokanee salmon. Thousands leave Okanagan Lake and swim upstream to spawn in their natal waters annually. Get an up-close look at these incredible fish and deepen your understanding of what makes this species so special. All ages welcome. Drop-in.

Monday, September 25, 2023

Hawk highways

Date and Time: Monday, September 25 09:00 am - 11:00 am

Address: Black Mountain - sntsk'il'nten Regional Park

Early fall is the perfect time to watch hawks on their migration. Most hawks are soaring birds that depend on thermals and updrafts to accomplish their epic journeys. Join us to witness this inspiring phenomenon!

Registration required. Follow website link below to register online.

Yoga for seniors

Date and Time: Monday, September 25 10:30 am - 11:30 am

Address: Ellison Heritage Community Centre

Participate in gentle yoga that is practiced sitting in a chair or standing using a chair for support. Perfect for those with mobility or balance issues or anyone new to yoga. Drop-in. Registration not required.

Tuesday, September 26, 2023

Hawk highways

Date and Time: Tuesday, September 26 09:00 am - 11:30 am

Address: Johns Family Nature Conservancy Regional Park

Early fall is the perfect time to watch hawks on their migration. Most hawks are soaring birds that depend on thermals and updrafts to accomplish their epic journeys. Join us to witness this inspiring phenomenon! Registration required. Follow website link below to register online.

Gellatly Nut Farm tours

Date and Time: Tuesday, September 26 02:00 pm - 2:45 pm

Address: Gellatly Nut Farm Regional Park

Discover the history and heritage of B.C.'s oldest working nut farm with a behind-the-scenes look at the nut harvest process. Afterward, you may pick your own nuts with proceeds going to the Gellatly Nut Farm Society.

Registration required. Follow website link below to register online.

Wednesday, September 27, 2023

Discover your parks - fall series

Date and Time: Wednesday, September 27 10:00 am - 12:00 pm

Address: Scenic Canyon Regional Park

The Central Okanagan is home to a diversity of wildlife and ecosystems. Join a park interpreter on this series of guided hikes that will take you through various trails, revealing the rich history, unique species, and special features that make each park truly remarkable. Registration required. Follow website link below to register online.

Restorative yoga

Date and Time: Wednesday, September 27 06:00 pm - 7:00 pm

Address: Ellison Heritage Community Centre

End your day with registered yoga instructor Paula Morrison and a yoga nidra class. Fee: \$45 for five sessions. By registration. Follow website link below to register.

Thursday, September 28, 2023

Electoral Area Service Committee

Date and Time: Thursday, September 28 01:30 pm

Address: RDCO office, 1450 KLO Road, Kelowna - Woodhaven Boardroom

Friday, September 29, 2023

Howl at the full moon

Date and Time: Friday, September 29 06:30 pm - 8:30 pm

Address: Johns Family Nature Conservancy Regional Park

Come enjoy nature in a fun, safe and exciting new way! Appreciate the beauty and significance of the night sky on a guided interpretive hike at Canada's newest (and only third) Nocturnal Preserve. We bet you'll feel inspired to howl along with us! Registration required. Follow website link below to register online.

Saturday, September 30, 2023

Let's examine salmon! @Hardy Falls

Date and Time: Saturday, September 30 11:00 am - 3:00 pm

Address: Hardy Falls Regional Park

Drop by to learn about the lifecycle of Kokanee salmon. Thousands leave Okanagan Lake and swim upstream to spawn in their natal waters annually. Get an up-close look at these incredible fish and deepen your understanding of what makes this species so special. All ages welcome. Drop-in.

Let's examine salmon! @Mission Creek

Date and Time: Saturday, September 30 11:00 am - 3:00 pm

Address: Mission Creek Regional Park

Drop by to learn about the lifecycle of Kokanee salmon. Thousands leave Okanagan Lake and swim upstream to spawn in their natal waters annually. Get an up-close look at these incredible fish and deepen your understanding of what makes this species so special. All ages welcome. Drop-in. Registration not required.

<https://calendar.rdco.com>