

Monday, April 1, 2024

Holiday office closure

Date and Time: Monday, April 1 8:00 am - 4:00 pm

Our KLO office will be closed Friday and Monday to observe the statutory holidays. We look forward to serving you when we reopen at 8 a.m. on Tuesday.

- Emergencies involving Regional District water systems or Regional Parks can be reported by calling 250-868-5299.
- Online payments can be made at rdco.com/payments.
- Curbside garbage, recycling and yard waste collection is not impacted.
- The North Westside transfer station, Traders Cove transfer station and Westside Residential Waste Disposal and Recycling Centre will be open regular hours over the weekend.
- The Robert Hobson Environmental Education Centre for the Okanagan(EECO) in Mission Creek Regional Park is regularly closed on Mondays.

Tuesday, April 2, 2024

Dark Sky Week 2024

Date and Time: Tuesday, April 2 10:00 am - 3:00 pm

Address: Mission Creek Regional Park (EECO)

Discover the night! International Dark Sky Week is a worldwide celebration of the dark and natural night. Join us at the EECO to learn about the harmful effects of light pollution and what we can do to save the night. Be filled with wonder and awe as you discover that natural nights are critical to the wellbeing of our planet.

Visit idsw.darksky.org for more information.

Story time

Date and Time: Tuesday, April 2 10:30 am - 11:15 am

Address: Mission Creek Regional Park (EECO)

Join our park interpreters for story time in the park with your 3 - 5 year olds. Each week, we will have a new nature theme with stories, crafts, songs and fun activities.

Drop-in program. Registration not required.

After the fire

Date and Time: Tuesday, April 2 3:30 pm - 5:00 pm

Address: Mission Creek Regional Park (EECO)

Learn about the role of wildfires in our forests. If we understand their connection to healthy ecosystems, we may come up with ways to keep our homes and ecosystems safer from the damaging effects of interface wildfires.

By registration. Click the link below to register.

Owl prowl

Date and Time: Tuesday, April 2 7:00 pm - 8:30 pm

Address: Scenic Canyon Regional Park

What a fascinating bird of prey! Join an evening prowling through the woods on easy to moderate trails as we keep an eye out for these nocturnal creatures.

By registration. Click the link below to register.

Wednesday, April 3, 2024

Dark Sky Week 2024

Date and Time: Wednesday, April 3 10:00 am - 3:00 pm

Address: Mission Creek Regional Park (EECO)

Discover the night! International Dark Sky Week is a worldwide celebration of the dark and natural night. Join us at the EECO to learn about the harmful effects of light pollution and what we can do to save the night. Be filled with wonder and awe as you discover that natural nights are critical to the wellbeing of our planet.

Visit idsw.darksky.org for more information.

Wonders of the night sky

Date and Time: Wednesday, April 3 7:30 pm - 9:30 pm

Address: Johns Family Nature Conservancy Regional Park

Celebrate the night sky! Start hiking as the sun goes down to observe the night sky away from the lights of the city. Join us at Canada's newest and third nocturnal preserve!

Registration required. Click the link below to register.

Thursday, April 4, 2024

Roll and stroll

Date and Time: Thursday, April 4 9:30 am - 11:00 am

Address: Mission Creek Regional Park

Caregivers and their little ones are invited to join our weekly walking group. Each week, we walk an easy trail through the park. Let's spend time together outdoors and recharge our batteries with a supportive community. Afterwards we gather inside the EECO for social time.

Dark Sky Week 2024

Date and Time: Thursday, April 4 10:00 am - 3:00 pm

Address: Mission Creek Regional Park (EECO)

Discover the night! International Dark Sky Week is a worldwide celebration of the dark and natural night. Join us at the EECO to learn about the harmful effects of light pollution and what we can do to save the night. Be filled with wonder and awe as you discover that natural nights are critical to the wellbeing of our planet.

Visit idsw.darksky.org for more information.

Friday, April 5, 2024

Dark Sky Week 2024

Date and Time: Friday, April 5 10:00 am - 3:00 pm

Address: Mission Creek Regional Park (EECO)

Discover the night! International Dark Sky Week is a worldwide celebration of the dark and natural night. Join us at the EECO to learn about the harmful effects of light pollution and what we can do to save the night. Be filled with wonder and awe as you discover that natural nights are critical to the wellbeing of our planet.

Visit idsw.darksky.org for more information.

Saturday, April 6, 2024

Dark Sky Week 2024

Date and Time: Saturday, April 6 10:00 am - 3:00 pm

Address: Mission Creek Regional Park (EECO)

Discover the night! International Dark Sky Week is a worldwide celebration of the dark and natural night. Join us at the EECO to learn about the harmful effects of light pollution and what we can do to save the night. Be filled with wonder and awe as you discover that natural nights are critical to the wellbeing of our planet.

Visit idsw.darksky.org for more information.

Discover your parks

Date and Time: Saturday, April 6 10:00 am - 12:00 pm

Address: Black Mountain - sntsk'il'ntən Regional Park

With spring comes exciting new ways to discover nature! Join a park interpreter on a guided hike, exploring regional parks and unveiling their secrets. Enjoy the trails!

Registration required. Click on the link below to register.

Sunday, April 7, 2024

Dark Sky Week 2024

Date and Time: Sunday, April 7 10:00 am - 3:00 pm

Address: Mission Creek Regional Park (EECO)

Discover the night! International Dark Sky Week is a worldwide celebration of the dark and natural night. Join us at the EECO to learn about the harmful effects of light pollution and what we can do to save the night. Be filled with wonder and awe as you discover that natural nights are critical to the wellbeing of our planet.

Visit idsw.darksky.org for more information.

Monday, April 8, 2024

Tracks (Walking club)

Date and Time: Monday, April 8 9:00 am - 10:00 am

Address: Mission Creek Regional Park

Your Tracks walking leader will offer support and motivation to keep you moving in nature. This beginner walking program starts with short walks and slowly increases each week.

Registration required. Click the link to register.

Tuesday, April 9, 2024

Story time

Date and Time: Tuesday, April 9 10:30 am - 11:15 am

Address: Mission Creek Regional Park (EECO)

Join our park interpreters for story time in the park with your 3 - 5 year olds. Each week, we will have a new nature theme with stories, crafts, songs and fun activities.

Drop-in program. Registration not required.

Tracks (Walking club)

Date and Time: Tuesday, April 9 1:00 pm - 2:00 pm

Address: Gellatly Nut Farm Regional Park

Your Tracks walking leader will offer support and motivation to keep you moving in nature. This beginner walking program starts with short walks and slowly increases each week.

Registration required. Click the link to register.

Restorative yoga - Session one

Date and Time: Tuesday, April 9 6:00 pm - 7:00 pm

Address: Ellison Heritage Community Centre

A gentle yoga class for all abilities. This restful floor practice of Yoga Nidra with Paula Morrison ends your day with easy stretching and mindful movement. \$45 per session.

By registration. Click the link below to register.

Wednesday, April 10, 2024

Tracks (Walking club)

Date and Time: Wednesday, April 10 9:00 am - 10:00 am

Address: Mission Creek Regional Park

Your Tracks walking leader will offer support and motivation to keep you moving in nature. This beginner walking program starts with short walks and slowly increases each week.

Registration required. Click the link to register.

Discover your parks

Date and Time: Wednesday, April 10 10:00 am - 1:00 pm

Address: Black Mountain - sntsk'il'ntən Regional Park

With spring comes exciting new ways to discover nature! Join a park interpreter on a guided hike, exploring regional parks and unveiling their secrets. Enjoy the trails!

Registration required. Click on the link below to register.

Nature journaling

Date and Time: Wednesday, April 10 2:00 pm - 3:00 pm

Address: Mill Creek Regional Park

Slow down and take time for yourself. Park interpreters will guide you on calming, creative tasks to help you connect with nature and be more mindful.

Registration required. Click the link below to register.

Dance fitness

Date and Time: Wednesday, April 10 6:00 pm - 7:00 pm

Address: Ellison Heritage Community Centre

Revitalize your spring with dance and music in this high energy, joyful fitness class. You'll feel like a beaming ray of sunshine! Join Jessica Baynton of SHiNE fitness for one or both sessions.

\$45 per session/by registration.

Click the link to register.

Thursday, April 11, 2024

Committee of the Whole

Date and Time: Thursday, April 11 8:30 am

Address: Woodhaven boardroom - 1450 KLO Road

The **Committee of the Whole** meets on select Thursdays at 8:30 a.m. Meeting agendas and reports will be posted a minimum of 72 hours prior to the meeting.

There is limited public seating in the boardroom. Live stream and recorded video are available.

Discover your parks

Date and Time: Thursday, April 11 9:00 am - 11:00 am

Address: Johns Family Nature Conservancy Regional Park

With spring comes exciting new ways to discover nature! Join a park interpreter on a guided hike, exploring regional parks and unveiling their secrets. Enjoy the trails!

Registration required. Click on the link below to register.

Roll and stroll

Date and Time: Thursday, April 11 9:30 am - 11:00 am

Address: Mission Creek Regional Park

Caregivers and their little ones are invited to join our weekly walking group. Each week, we walk an easy trail through the park. Let's spend time together outdoors and recharge our batteries with a supportive community. Afterwards we gather inside the EECO for social time.

Saturday, April 13, 2024

Park clean up and BBQ

Date and Time: Saturday, April 13 9:30 am - 11:30 am

Address: Glen Canyon Regional Park, Mill Creek Regional Park, Scenic Canyon Regional Park

April is community cleanup month and regional parks is getting involved!

Join staff and volunteers at one of three parks for a light cleanup followed by a complimentary BBQ lunch. Join the fun and help get the parks ready for the season!

Peachland Recycling Depot Pop-Up

Date and Time: Saturday, April 13 10:00 am - 2:00 pm

For one day only, free of charge you can drop off your:

- Glass bottles and jars
- Styrofoam packaging (white or coloured)
- Plastic bags and overwrap
- Other flexible plastic packaging
- Electronics

*Household residential recycling only.

Sunday, April 14, 2024

All about bears

Date and Time: Sunday, April 14 1:30 pm - 3:30 pm

Address: Mission Creek Regional Park (EECO)

BC is often referred to as bear country due to its large population of bears. We are lucky to share the land with these beautiful creatures. Come learn fascinating facts about bears, so we are better able to coexist with them. An art activity is included in the workshop. An interpreter-led opportunity for adults (16+).

Registration required. Click the link below to register.

Monday, April 15, 2024

Tracks (Walking club)

Date and Time: Monday, April 15 9:00 am - 10:00 am

Address: Mission Creek Regional Park

Your Tracks walking leader will offer support and motivation to keep you moving in nature. This beginner walking program starts with short walks and slowly increases each week.

Registration required. Click the link to register.

Strength and mobility moves

Date and Time: Monday, April 15 10:00 am - 11:00 am

Address: Ellison Heritage Community Centre

Open up tight joints and strengthen muscles in this class designed to get you feeling good in your body! Expect a low impact, body weight workout with gains in strength, balance and proper movements and alignment. Come for the fun, music, energy and laughter all while working on the body! Participants are welcome to bring weight

s of thier choice, and personal mat.

\$45/session (Choose from two sessions: April 15 - May 13 or May 27 - June 24)

Registration required. Click the link to register.

Tuesday, April 16, 2024

Story time

Date and Time: Tuesday, April 16 10:30 am - 11:15 am

Address: Mission Creek Regional Park (EECO)

Join our park interpreters for story time in the park with your 3 - 5 year olds. Each week, we will have a new nature theme with stories, crafts, songs and fun activities.

Drop-in program. Registration not required.

Tracks (Walking club)

Date and Time: Tuesday, April 16 1:00 pm - 2:00 pm

Address: Gellatly Nut Farm Regional Park

Your Tracks walking leader will offer support and motivation to keep you moving in nature. This beginner walking program starts with short walks and slowly increases each week.

Registration required. Click the link to register.

After the fire

Date and Time: Tuesday, April 16 3:30 pm - 5:00 pm

Address: Mission Creek Regional Park (EECO)

Learn about the role of wildfires in our forests. If we undersand thier connection to healthy ecosystems, we may come up with ways to keep our homes and ecosystems safer from the damaging effects of interface wildfires.

By registration. Click the link below to register.

Restorative yoga - Session one

Date and Time: Tuesday, April 16 6:00 pm - 7:00 pm

Address: Ellison Heritage Community Centre

A gental yoga class for all abilities. This restful floor practice of Yoga Nidra with Paula Morrison ends your day with easy stretching and mindful movement. \$45 per session.

By registration. Click the link below to register.

Wednesday, April 17, 2024

Tracks (Walking club)

Date and Time: Wednesday, April 17 9:00 am - 10:00 am

Address: Mission Creek Regional Park

Your Tracks walking leader will offer support and motivation to keep you moving in nature. This beginner walking program starts with short walks and slowly increases each week.

Registration required. Click the link to register.

Dance fitness

Date and Time: Wednesday, April 17 6:00 pm - 7:00 pm

Address: Ellison Heritage Community Centre

Revitalize your spring with dance and music in this high energy, joyful fitness class. You'll feel like a beaming ray of sunshine! Join Jessica Baynton of SHiNE fitness for one or both sessions.

\$45 per session/by registration.

Click the link to register.

Wonders of the night sky

Date and Time: Wednesday, April 17 7:30 pm - 9:30 pm

Address: Johns Family Nature Conservancy Regional Park

Celebrate the night sky! Start hiking as the sun goes down to observe the night sky away from the lights of the city. Join us at Canada's newest and third nocturnal preserve!

Registration required. Click the link below to register.

Thursday, April 18, 2024

Roll and stroll

Date and Time: Thursday, April 18 9:30 am - 11:00 am

Address: Mission Creek Regional Park

Caregivers and their little ones are invited to join our weekly walking group. Each week, we walk an easy trail through the park. Let's spend time together outdoors and recharge our batteries with a supportive community. Afterwards we gather inside the EECO for social time.

Ballroom dance for beginners

Date and Time: Thursday, April 18 1:00 pm - 2:30 pm

Address: Ellison Heritage Community Centre

Swing and sway in this dance class for beginners and beginners plus with the talented Don Muller. Learn the smooth, flowing rhythms and dance moves of Rhumba. Singles and couples welcome.

\$45 per person.

Registration required. Click the link to register.

Friday, April 19, 2024

Wonders of the night sky

Date and Time: Friday, April 19 7:30 pm - 9:30 pm

Address: Johns Family Nature Conservancy Regional Park

Celebrate the night sky! Start hiking as the sun goes down to observe the night sky away from the lights of the city. Join us at Canada's newest and third nocturnal preserve!

Registration required. Click the link below to register.

Saturday, April 20, 2024

Fire fuel mitigation with Friends of Kalamoior

Date and Time: Saturday, April 20 10:00 am - 12:00 pm

Address: Kalamoior Regional Park

Join the Friends of Kalamoior to remove woody debris and fire fuel from the park. Be sure to bring boots and gloves. By registration.

Friends of Black Mountain - Grasslands Hike

Date and Time: Saturday, April 20 1:00 pm - 3:00 pm

Address: 1803 Swainson Road, Kelowna, BC

Join the Friends of Black Mountain and the Grasslands Conservation Council of B.C. for a tour of the grasslands.

Mysteries of the Moon

Date and Time: Saturday, April 20 1:30 pm - 3:30 pm

Address: Mission Creek Regional Park (EECO)

Do you look at the moon and wonder if it's waxing or waning? In this workshop we explore the cyclical phases of the moon so you can learn to identify them. Open to ages 16+.

By registration at the link below.

Sunday, April 21, 2024

Spring flowers hike

Date and Time: Sunday, April 21 10:00 am - 11:30 am

Address: Kalamo Regional Park

Along with the return of warmer weather come the first flowers of the year! Join us and explore the many wildflowers that bloom early in the season.

Registration required. Click the link below to register.

Spring flowers hike

Date and Time: Sunday, April 21 12:30 pm - 2:00 pm

Address: Kalamo Regional Park

Along with the return of warmer weather come the first flowers of the year! Join us and explore the many wildflowers that bloom early in the season.

Registration required. Click the link below to register.

Owls of the Okanagan

Date and Time: Sunday, April 21 1:30 pm - 3:30 pm

Address: Mission Creek Regional Park (EECO)

Owls have captivated our curiosity for centuries. Learn about their intriguing behaviours and characteristics. This workshop includes a pellet discussion and an art project. For adults 16 years+

Cost \$5.

Registration required. Click the link below to register.

Monday, April 22, 2024

Tracks (Walking club)

Date and Time: Monday, April 22 9:00 am - 10:00 am

Address: Mission Creek Regional Park

Your Tracks walking leader will offer support and motivation to keep you moving in nature. This beginner walking program starts with short walks and slowly increases each week.

Registration required. Click the link to register.

Strength and mobility moves

Date and Time: Monday, April 22 10:00 am - 11:00 am

Address: Ellison Heritage Community Centre

Open up tight joints and strengthen muscles in this class designed to get you feeling good in your body! Expect a low impact, body weight workout with gains in strength, balance and proper movements and alignment. Come for the fun, music, energy and laughter all while working on the body! Participants are welcome to bring weights of their choice, and personal mat.

\$45/session (Choose from two sessions: April 15 - May 13 or May 27 - June 24)

Registration required. Click the link to register.

Bridging generations walk

Date and Time: Monday, April 22 10:15 am - 11:15 am

Address: Mission Creek Regional Park

Calling all seniors! Join us for a new and exciting walking program with fresh air, gentle physical exercise and community connections. This volunteer-led walk brings students and seniors together for a walk along Mission Creek Greenway on a flat 2km trail.

Registration required. Click the link below to register.

Tuesday, April 23, 2024

Story time

Date and Time: Tuesday, April 23 10:30 am - 11:15 am

Address: Mission Creek Regional Park (EECO)

Join our park interpreters for story time in the park with your 3 - 5 year olds. Each week, we will have a new nature theme with stories, crafts, songs and fun activities.

Drop-in program. Registration not required.

Tracks (Walking club)

Date and Time: Tuesday, April 23 1:00 pm - 2:00 pm

Address: Gellatly Nut Farm Regional Park

Your Tracks walking leader will offer support and motivation to keep you moving in nature. This beginner walking program starts with short walks and slowly increases each week.

Registration required. Click the link to register.

Restorative yoga - Session one

Date and Time: Tuesday, April 23 6:00 pm - 7:00 pm

Address: Ellison Heritage Community Centre

A gentle yoga class for all abilities. This restful floor practice of Yoga Nidra with Paula Morrison ends your day with easy stretching and mindful movement. \$45 per session.

By registration. Click the link below to register.

Wednesday, April 24, 2024

Tracks (Walking club)

Date and Time: Wednesday, April 24 9:00 am - 10:00 am

Address: Mission Creek Regional Park

Your Tracks walking leader will offer support and motivation to keep you moving in nature. This beginner walking program starts with short walks and slowly increases each week.

Registration required. Click the link to register.

Discover your parks

Date and Time: Wednesday, April 24 10:00 am - 1:00 pm

Address: Black Mountain - sntsk'il'ntən Regional Park

With spring comes exciting new ways to discover nature! Join a park interpreter on a guided hike, exploring regional parks and unveiling their secrets. Enjoy the trails!

Registration required. Click on the link below to register.

Dance fitness

Date and Time: Wednesday, April 24 6:00 pm - 7:00 pm

Address: Ellison Heritage Community Centre

Revitalize your spring with dance and music in this high energy, joyful fitness class. You'll feel like a beaming ray of sunshine! Join Jessica Baynton of SHiNE fitness for one or both sessions.

\$45 per session/by registration.

Click the link to register.

Thursday, April 25, 2024

Regional Board

Date and Time: Thursday, April 25 8:30 am

Address: Woodhaven boardroom - 1450 KLO Road

The **Regional Board** meets regularly on select Thursdays at 8:30 a.m. Meeting agendas and minutes will be posted a minimum of 72 hours prior to the meeting.

There is limited public seating in the boardroom. Live stream and recorded video are available.

Roll and stroll

Date and Time: Thursday, April 25 9:30 am - 11:00 am

Address: Mission Creek Regional Park

Caregivers and their little ones are invited to join our weekly walking group. Each week, we walk an easy trail through the park. Let's spend time together outdoors and recharge our batteries with a supportive community. Afterwards we gather inside the EECO for social time.

Bridging generations walk

Date and Time: Thursday, April 25 10:15 am - 11:15 am

Address: Mission Creek Regional Park

Calling all seniors! Join us for a new and exciting walking program with fresh air, gentle physical exercise and community connections. This volunteer-led walk brings students and seniors together for a walk along Mission Creek Greenway on a flat 2km trail.

Registration required. Click the link below to register.

Ballroom dance for beginners

Date and Time: Thursday, April 25 1:00 pm - 2:30 pm

Address: Ellison Heritage Community Centre

Swing and sway in this dance class for beginners and beginners plus with the talented Don Muller. Learn the smooth, flowing rhythms and dance moves of Rhumba. Singles and couples welcome.

\$45 per person.

Registration required. Click the link to register.

Electoral Area Service Committee

Date and Time: Thursday, April 25 1:00 pm

Address: Woodhaven boardroom - 1450 KLO Road

The Electoral Area Services Committee meets on select Thursdays at 1 p.m. Meeting agendas and reports will be posted a minimum of 72 hours prior to the meeting.

There is limited public seating in the boardroom. Live stream and recorded video are available.

Saturday, April 27, 2024

Discover your parks

Date and Time: Saturday, April 27 10:00 am - 12:00 pm

Address: Kalamo Regional Park

With spring comes exciting new ways to discover nature! Join a park interpreter on a guided hike, exploring regional parks and unveiling their secrets. Enjoy the trails!

Registration required. Click on the link below to register.

Lake Country Recycling Depot Pop-Up

Date and Time: Saturday, April 27 10:00 am - 2:00 pm

Corner of Main Street & Hill Road, Lake Country

For one day only, free of charge you can drop off your:

- Glass bottles and jars
- Styrofoam packaging (white or coloured)
- Plastic bags and overwrap
- Other flexible plastic packaging
- Electronics

*Household residential recycling only.

Monday, April 29, 2024

Tracks (Walking club)

Date and Time: Monday, April 29 9:00 am - 10:00 am

Address: Mission Creek Regional Park

Your Tracks walking leader will offer support and motivation to keep you moving in nature. This beginner walking program starts with short walks and slowly increases each week.

Registration required. Click the link to register.

Strength and mobility moves

Date and Time: Monday, April 29 10:00 am - 11:00 am

Address: Ellison Heritage Community Centre

Open up tight joints and strengthen muscles in this class designed to get you feeling good in your body! Expect a low impact, body weight workout with gains in strength, balance and proper movements and alignment. Come for the fun, music, energy and laughter all while working on the body! Participants are welcome to bring weights of their choice, and personal mat.

\$45/session (Choose from two sessions: April 15 - May 13 or May 27 - June 24)

Registration required. Click the link to register.

Discover your parks

Date and Time: Monday, April 29 7:00 pm - 9:00 pm

Address: Black Mountain - sntsk'il'ntən Regional Park

With spring comes exciting new ways to discover nature! Join a park interpreter on a guided hike, exploring regional parks and unveiling their secrets. Enjoy the trails!

Registration required. Click on the link below to register.

Tuesday, April 30, 2024

Discover your parks

Date and Time: Tuesday, April 30 9:00 am - 11:00 am

Address: Hardy Falls Regional Park

With spring comes exciting new ways to discover nature! Join a park interpreter on a guided hike, exploring regional parks and unveiling their secrets. Enjoy the trails!

Registration required. Click on the link below to register.

Story time

Date and Time: Tuesday, April 30 10:30 am - 11:15 am

Address: Mission Creek Regional Park (EECO)

Join our park interpreters for story time in the park with your 3 - 5 year olds. Each week, we will have a new nature theme with stories, crafts, songs and fun activities.

Drop-in program. Registration not required.

Tracks (Walking club)

Date and Time: Tuesday, April 30 1:00 pm - 2:00 pm

Address: Gellatly Nut Farm Regional Park

Your Tracks walking leader will offer support and motivation to keep you moving in nature. This beginner walking program starts with short walks and slowly increases each week.

Registration required. Click the link to register.

After the fire

Date and Time: Tuesday, April 30 3:30 pm - 5:00 pm

Address: Mission Creek Regional Park (EECO)

Learn about the role of wildfires in our forests. If we understand their connection to healthy ecosystems, we may come up with ways to keep our homes and ecosystems safer from the damaging effects of interface wildfires.

By registration. Click the link below to register.

Restorative yoga - Session one

Date and Time: Tuesday, April 30 6:00 pm - 7:00 pm

Address: Ellison Heritage Community Centre

A gentle yoga class for all abilities. This restful floor practice of Yoga Nidra with Paula Morrison ends your day with easy stretching and mindful movement. \$45 per session.

By registration. Click the link below to register.

<https://calendar.rdco.com>